

## Planning and Implementing Integrative Health Project ECHO (Extension for Community Healthcare Outcomes) Programs

### Creating an Integrative Health ECHO Program

What is the capacity for Integrative Health and Medicine services in your community? Where and how could the ECHO model be helpful for you?

What knowledge would you want to spread to provide better access to whole person care in your community? What are the things that you wish your colleagues could address if they had more information/knowledge?

What IH services are or are not available for your community (barriers of finance, geography, knowledge, etc.)?



**Choosing an ECHO Topic**

Topic:

Mission Statement:

*The \_\_\_\_\_ ECHO will democratize knowledge on the  
(Name of ECHO)*

*topic of \_\_\_\_\_ to increase access to Integrative  
(ECHO Topic)*

*Health \_\_\_\_\_ to address community needs and  
(Integrative Health domain)*

*health outcomes for the \_\_\_\_\_ community.  
(Community you want to Reach)*

Curriculum Ideas:



**Planning and Implementing your ECHO**

Timing - How often and when?

Audience and Outreach - Who will be your spokes and how will you reach them?

CME/CE offerings – What professions will be included?

Is there anything unique or specific about your ECHO format? Will you do a traditional didactic, case, discussion format?

**What Makes a Successful ECHO?**

Write a Vision Statement. If your ECHO was successful, how would the world change?